

# Hauptlauf

(Männer / Frauen Wertung)

Lebach, 28. Juni 2019

## Männer

| Pl. | St Nr | Name                        | Verein                              | AK     | Pl. | Rnd. 1 | Rnd. 2 | Rnd. 3 | Rnd. 4 | Nettozeit    | Bruttozeit |
|-----|-------|-----------------------------|-------------------------------------|--------|-----|--------|--------|--------|--------|--------------|------------|
| 1   | 439   | Selama Tesf Amariam Estopia | TV Alzey-Team HKS-Gasser            | M      | 1   | 07:45  | 08:02  | 08:09  | 08:04  | 0:32:00 (1)  | 0:32:00    |
| 2   | 302   | Samuel Schu                 | LTF Marpingen                       | M      | 2   | 08:02  | 08:18  | 08:28  | 08:32  | 0:33:20 (2)  | 0:33:20    |
| 3   | 326   | Michael Wüschner            | SC Friedrichsthal                   | M35    | 1   | 08:12  | 08:26  | 08:31  | 08:35  | 0:33:44 (3)  | 0:33:44    |
| 4   | 263   | Dennis Zimmer               | LC Rehlingen                        | M      | 3   | 08:16  | 08:35  | 08:43  | 08:39  | 0:34:13 (4)  | 0:34:13    |
| 5   | 353   | Christopher Klesen          | LLG Wustweiler                      | M      | 4   | 08:23  | 08:42  | 08:42  | 08:35  | 0:34:22 (5)  | 0:34:22    |
| 6   | 290   | Benjamin Irsch              | LSG Schmelz-Hüttersdorf             | M35    | 2   | 08:25  | 09:16  | 09:20  | 09:09  | 0:36:10 (6)  | 0:36:10    |
| 6   | 286   | Thomas Weber                | LSG Sbr.-Sulzbachtal                | M40    | 1   | 08:50  | 09:01  | 09:11  | 09:08  | 0:36:10 (6)  | 0:36:10    |
| 8   | 320   | Mustafa Okyay               | LTF Theeltal                        | M45    | 1   | 09:03  | 09:24  | 09:30  | 09:21  | 0:37:18 (8)  | 0:37:18    |
| 11  | 307   | Thomas Detzen               | LTF Theeltal                        | M40    | 2   | 08:54  | 09:23  | 09:45  | 10:06  | 0:38:08 (11) | 0:38:08    |
| 9   | 262   | Reiner Zender               | LC Rehlingen                        | M50    | 1   | 09:21  | 09:21  | 09:34  | 09:13  | 0:37:29 (9)  | 0:37:29    |
| 10  | 347   | Christoph Bach              | TV Ludweiler                        | M35    | 3   | 09:08  | 09:24  | 09:44  | 09:46  | 0:38:02 (10) | 0:38:02    |
| 14  | 282   | Matthias Müller             | LSG Sbr.-Sulzbachtal                | M45    | 3   | 09:03  | 09:28  | 09:51  | 10:23  | 0:38:45 (14) | 0:38:45    |
| 13  | 448   | Philipp Windhäuser          |                                     | M30    | 1   | 09:06  | 09:32  | 09:53  | 10:05  | 0:38:36 (13) | 0:38:36    |
| 12  | 204   | Stefan Harig                | Grojos LTF Elversberg               | M45    | 2   | 09:19  | 09:31  | 09:44  | 09:38  | 0:38:12 (12) | 0:38:12    |
| 15  | 321   | Joachim Oster               | LTF Theeltal                        | M40    | 3   | 09:21  | 09:34  | 09:55  | 10:03  | 0:38:53 (15) | 0:38:53    |
| 16  | 440   | Alexander Anhaus            |                                     | M      | 5   | 09:22  | 09:42  | 10:11  | 09:54  | 0:39:09 (16) | 0:39:09    |
| 20  | 458   | John Müller                 | MUV Saarland                        | M30    | 2   | 09:06  | 09:44  | 10:30  | 10:17  | 0:39:37 (20) | 0:39:37    |
| 17  | 203   | Marco Baltes                | Grojos LTF Elversberg               | M40    | 4   | 09:28  | 10:00  | 10:06  | 09:47  | 0:39:21 (17) | 0:39:21    |
| 19  | 295   | Jan Thewes                  | LSG Schmelz-Hüttersdorf             | MJ U18 | 1   | 09:21  | 09:58  | 10:17  | 09:59  | 0:39:35 (19) | 0:39:35    |
| 18  | 206   | Eric Lorenz                 | Grojos LTF Elversberg               | M45    | 4   | 09:16  | 09:47  | 10:35  | 09:51  | 0:39:29 (18) | 0:39:29    |
| 22  | 278   | Peter Honsel                | LSG Sbr.-Sulzbachtal                | M45    | 5   | 09:42  | 09:56  | 10:19  | 10:11  | 0:40:08 (22) | 0:40:08    |
| 21  | 253   | Norbert Baldauf             | LC Rehlingen                        | M50    | 2   | 09:49  | 10:02  | 10:09  | 10:02  | 0:40:02 (21) | 0:40:02    |
| 23  | 277   | Paul Groß                   | LSG Sbr.-Sulzbachtal                | MJ U20 | 1   | 09:50  | 10:13  | 10:28  | 10:32  | 0:41:03 (23) | 0:41:03    |
| 25  | 273   | Andreas Holweck             | LLG Wustweiler                      | M40    | 5   | 09:28  | 10:02  | 11:03  | 10:53  | 0:41:26 (25) | 0:41:26    |
| 25  | 312   | André Kronberg              | LTF Theeltal                        | M40    | 5   | 09:55  | 10:21  | 10:37  | 10:33  | 0:41:26 (25) | 0:41:26    |
| 24  | 345   | Sascha Kammer               | TV Lebach                           | M35    | 4   | 10:15  | 10:22  | 10:31  | 10:11  | 0:41:19 (24) | 0:41:19    |
| 27  | 407   | Tobias Warken               | Sc gresaubach                       | M30    | 3   | 10:16  | 10:21  | 10:35  | 10:36  | 0:41:48 (27) | 0:41:48    |
| 28  | 406   | Manuel Warken               | Sc gresaubach                       | M      | 6   | 10:31  | 10:04  | 10:37  | 11:12  | 0:42:24 (28) | 0:42:24    |
| 31  | 470   | Philipp Schmidt             | Team Drecksäue                      | M30    | 5   | 09:33  | 10:30  | 11:29  | 11:18  | 0:42:50 (31) | 0:42:50    |
| 33  | 442   | Peter Groß                  |                                     | M      | 7   | 09:46  | 10:55  | 11:14  | 11:09  | 0:43:04 (33) | 0:43:04    |
| 30  | 205   | Andreas Klein               | Grojos LTF Elversberg               | M35    | 5   | 10:15  | 10:41  | 11:00  | 10:49  | 0:42:45 (30) | 0:42:45    |
| 34  | 257   | Jörg Dietrich               | LC Rehlingen                        | M65    | 1   | 10:06  | 10:37  | 11:14  | 11:31  | 0:43:28 (34) | 0:43:28    |
| 32  | 222   | Horst Duttlinger            | LAG Saarbrücken                     | M45    | 6   | 10:20  | 10:44  | 11:00  | 10:58  | 0:43:02 (32) | 0:43:02    |
| 29  | 471   | Nico Fontaine               | Team Drecksäue                      | M30    | 4   | 11:06  | 10:25  | 10:39  | 10:33  | 0:42:43 (29) | 0:42:43    |
| 35  | 338   | Nihat Kont                  | SV schlau.com Saar 05 SBR.          | M55    | 1   | 10:15  | 10:56  | 11:08  | 11:21  | 0:43:40 (35) | 0:43:40    |
| 41  | 285   | Andreas Vonerden            | LSG Sbr.-Sulzbachtal                | M40    | 7   | 10:11  | 10:48  | 11:25  | 11:45  | 0:44:09 (41) | 0:44:09    |
| 36  | 314   | Christian Lamberti          | LTF Theeltal                        | M30    | 6   | 09:55  | 10:46  | 11:44  | 11:18  | 0:43:43 (36) | 0:43:43    |
| 40  | 362   | Lucas Rosport               | Geschwister-Scholl-Gymnasium Lebach | MJ U18 | 2   | 10:07  | 10:37  | 11:50  | 11:25  | 0:43:59 (40) | 0:43:59    |

\* die Gesamtzeit enthält eine Strafzeit

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|-----|-------|------------------------|--------------------------------|-----|-----|--------|--------|--------|--------|--------------|------------|
| 38  | 344   | Pascal Gebel           | TV Lebach                      | M30 | 7   | 10:50  | 10:40  | 11:06  | 11:13  | 0:43:49 (38) | 0:43:49    |
| 39  | 435   | Pascal Gebel           | Team Mercedes Reitenbach       | M30 | 8   | 10:50  | 10:40  | 11:06  | 11:14  | 0:43:50 (39) | 0:43:50    |
| 37  | 361   | Benjamin Angel         | Bundeswehr                     | M35 | 6   | 10:08  | 11:16  | 11:15  | 11:06  | 0:43:45 (37) | 0:43:45    |
| 45  | 240   | Jan Rompczyk           | LAG Saarbrücken                | M40 | 9   | 10:09  | 11:11  | 11:35  | 11:37  | 0:44:32 (45) | 0:44:32    |
| 43  | 309   | Marvin Hey-Bernd       | LTF Theeltal                   | M   | 8   | 10:15  | 10:57  | 11:46  | 11:27  | 0:44:25 (43) | 0:44:25    |
| 44  | 463   | Nico Lalla             | SV Losheim                     | M40 | 8   | 10:26  | 11:02  | 11:33  | 11:29  | 0:44:30 (44) | 0:44:30    |
| 42  | 268   | Franz Huether          | LG Run N Ride Bexbach          | M65 | 2   | 10:39  | 11:01  | 11:22  | 11:18  | 0:44:20 (42) | 0:44:20    |
| 46  | 275   | Martin Hingsammer      | LSG Saarlouis                  | M50 | 3   | 10:54  | 11:16  | 11:20  | 11:17  | 0:44:47 (46) | 0:44:47    |
| 47  | 350   | Torsten Hübner         | VfR Alemannia 1921 Otzenhausen | M35 | 7   | 10:35  | 11:09  | 11:46  | 11:38  | 0:45:08 (47) | 0:45:08    |
| 48  | 202   | Gerd Thiry             | Bisttal-Runners                | M60 | 1   | 10:55  | 11:22  | 11:32  | 11:38  | 0:45:27 (48) | 0:45:27    |
| 49  | 293   | Andreas Klein          | LSG Schmelz-Hüttersdorf        | M55 | 2   | 11:05  | 11:19  | 11:39  | 11:27  | 0:45:30 (49) | 0:45:30    |
| 54  | 234   | Christoph Lunkenheimer | LAG Saarbrücken                | M55 | 4   | 10:47  | 11:38  | 11:54  | 12:00  | 0:46:19 (54) | 0:46:19    |
| 62  | 341   | Peter Baldauf          | TV Düppenweiler                | M60 | 2   | 11:05  | 11:24  | 11:50  | 12:54  | 0:47:13 (62) | 0:47:13    |
| 52  | 254   | Michael Blank          | LC Rehlingen                   | M55 | 3   | 11:04  | 11:26  | 11:51  | 11:33  | 0:45:54 (52) | 0:45:54    |
| 50  | 318   | Thomas Morgott         | LTF Theeltal                   | M45 | 7   | 11:17  | 11:46  | 11:26  | 11:18  | 0:45:47 (50) | 0:45:47    |
| 53  | 210   | Michael Klahm          | LA Team Saar                   | M50 | 4   | 11:03  | 11:41  | 11:50  | 11:42  | 0:46:16 (53) | 0:46:16    |
| 51  | 457   | Martin Frischbier      | TV Lebach                      | M30 | 9   | 11:13  | 11:33  | 11:49  | 11:18  | 0:45:53 (51) | 0:45:53    |
| 57  | 438   | Carsten Emrath         | TV Alzey-Team HKS-Gasser       | M45 | 8   | 11:02  | 11:39  | 11:55  | 11:56  | 0:46:32 (57) | 0:46:32    |
| 58  | 315   | Oliver Ludigs          | LTF Theeltal                   | M45 | 9   | 11:07  | 11:27  | 12:12  | 11:51  | 0:46:37 (58) | 0:46:37    |
| 59  | 466   | Armin Schwambach       | Run 4 Fun Bübingen e. V.       | M50 | 5   | 11:24  | 11:31  | 11:51  | 11:54  | 0:46:40 (59) | 0:46:40    |
| 68  | 459   | Christian Ney          | MUV Saarland                   | M   | 12  | 10:27  | 11:58  | 12:32  | 13:18  | 0:48:15 (68) | 0:48:15    |
| 55  | 393   | Johannes Mueller       | Sc gresaubach                  | M   | 9   | 11:08  | 11:39  | 12:13  | 11:28  | 0:46:28 (55) | 0:46:28    |
| 60  | 219   | Kai Detemple           | LAG Saarbrücken                | M40 | 10  | 11:20  | 11:43  | 12:07  | 11:50  | 0:47:00 (60) | 0:47:00    |
| 55  | 385   | Luca Daniel            | Sc gresaubach                  | M   | 9   | 11:34  | 11:52  | 11:57  | 11:05  | 0:46:28 (55) | 0:46:28    |
| 64  | 399   | Kevin Robert           | Sc gresaubach                  | M30 | 10  | 11:47  | 11:38  | 12:00  | 12:05  | 0:47:30 (64) | 0:47:30    |
| 67  | 384   | Amon Cradell           | Sc gresaubach                  | M   | 11  | 11:35  | 11:30  | 12:20  | 12:43  | 0:48:08 (67) | 0:48:08    |
| 63  | 456   | Wolfgang Zimmer        |                                | M55 | 5   | 11:41  | 11:43  | 12:02  | 11:48  | 0:47:14 (63) | 0:47:14    |
| 61  | 299   | Oliver Gregorius       | LTF Marpingen                  | M40 | 11  | 11:39  | 11:53  | 11:55  | 11:41  | 0:47:08 (61) | 0:47:08    |
| 65  | 296   | Martin Dietz           | LTF Köllertal                  | M55 | 6   | 11:34  | 11:49  | 12:15  | 11:58  | 0:47:36 (65) | 0:47:36    |
| 68  | 372   | Jörg Dresen            | LLG Wustweiler                 | M45 | 10  | 11:21  | 12:05  | 12:21  | 12:28  | 0:48:15 (68) | 0:48:15    |
| 66  | 208   | Stefan Hunsicker       | LA Team Saar                   | M60 | 3   | 11:22  | 12:10  | 12:21  | 11:46  | 0:47:39 (66) | 0:47:39    |
| 70  | 445   | Tarek Ouezzani Chahdi  |                                | M30 | 11  | 10:45  | 12:09  | 13:03  | 12:25  | 0:48:22 (70) | 0:48:22    |
| 72  | 436   | Hanno Riehm            | Team Mercedes Reitenbach       | M60 | 4   | 11:47  | 11:58  | 12:27  | 12:25  | 0:48:37 (72) | 0:48:37    |
| 75  | 389   | Steffen Mai            | Sc gresaubach                  | M30 | 12  | 11:35  | 11:55  | 12:47  | 12:41  | 0:48:58 (75) | 0:48:58    |
| 80  | 381   | Yannick Baltés         | Sc gresaubach                  | M   | 15  | 10:31  | 11:54  | 13:52  | 13:14  | 0:49:31 (80) | 0:49:31    |
| 74  | 274   | Burkhard Claes         | LSG Saarlouis                  | M60 | 5   | 11:39  | 12:09  | 12:38  | 12:25  | 0:48:51 (74) | 0:48:51    |
| 77  | 323   | Bernd Poth             | LTF Theeltal                   | M50 | 6   | 11:26  | 12:07  | 12:57  | 12:48  | 0:49:18 (77) | 0:49:18    |
| 71  | 374   | Stefan Klein           | LLG Wustweiler                 | M40 | 12  | 12:21  | 12:11  | 12:03  | 11:50  | 0:48:25 (71) | 0:48:25    |

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| Pl. | St Nr | Name               | Verein                      | AK     | Pl. | Rnd. 1 | Rnd. 2 | Rnd. 3 | Rnd. 4 | Nettozeit     | Bruttozeit |
|-----|-------|--------------------|-----------------------------|--------|-----|--------|--------|--------|--------|---------------|------------|
| 95  | 387   | Patrick Kirsch     | Sc gresaubach               | M      | 17  | 10:31  | 11:54  | 14:18  | 15:39  | 0:52:22 (95)  | 0:52:22    |
| 81  | 327   | Dirk Aschenbrenner | SV Habach                   | M45    | 12  | 12:02  | 12:11  | 12:36  | 12:44  | 0:49:33 (81)  | 0:49:33    |
| 79  | 375   | Markus Meng        | LSG Saarbrücken-Sulzbachtal | M45    | 11  | 12:00  | 12:17  | 12:40  | 12:25  | 0:49:22 (79)  | 0:49:22    |
| 73  | 395   | Carsten Petry      | Sc gresaubach               | M      | 13  | 11:57  | 12:20  | 12:42  | 11:41  | 0:48:40 (73)  | 0:48:40    |
| 76  | 405   | Lukas Warken       | Sc gresaubach               | M      | 14  | 12:20  | 12:04  | 12:36  | 12:11  | 0:49:11 (76)  | 0:49:11    |
| 78  | 300   | Gerhard Jungmann   | LTF Marpingen               | M70    | 1   | 12:23  | 12:13  | 12:26  | 12:17  | 0:49:19 (78)  | 0:49:19    |
| 82  | 217   | Tibor Csepregi     | LAG Saarbrücken             | M55    | 7   | 11:53  | 12:26  | 12:44  | 12:41  | 0:49:44 (82)  | 0:49:44    |
| 83  | 468   | Marcel Schnubel    | LTF Theeltal                | M55    | 8   | 12:14  | 12:24  | 12:39  | 12:41  | 0:49:58 (83)  | 0:49:58    |
| 86  | 461   | Florian Kochems    |                             | M30    | 13  | 12:09  | 12:28  | 13:04  | 13:04  | 0:50:45 (86)  | 0:50:45    |
| 85  | 259   | Hans-Dieter Köhl   | LC Rehlingen                | M50    | 8   | 12:03  | 12:33  | 13:11  | 12:53  | 0:50:40 (85)  | 0:50:40    |
| 84  | 225   | Marko Groß         | LAG Saarbrücken             | M50    | 7   | 12:25  | 12:40  | 12:45  | 12:11  | 0:50:01 (84)  | 0:50:01    |
| 90  | 378   | Marco LaPlaca      | Riemke Tools GmbH           | M      | 16  | 11:55  | 12:31  | 13:24  | 13:46  | 0:51:36 (90)  | 0:51:36    |
| 90  | 379   | Kim Müller         | Riemke Tools GmbH           | M45    | 13  | 11:55  | 12:30  | 13:25  | 13:46  | 0:51:36 (90)  | 0:51:36    |
| 95  | 460   | Timo Johann        |                             | M35    | 9   | 11:41  | 12:25  | 13:52  | 14:24  | 0:52:22 (95)  | 0:52:22    |
| 89  | 303   | Stefan Zubiller    | LTF Rennschnecke Dudweiler  | M40    | 13  | 12:16  | 12:38  | 13:23  | 13:16  | 0:51:33 (89)  | 0:51:33    |
| 99  | 292   | Udo Kämpfer        | LSG Schmelz-Hüttersdorf     | M55    | 11  | 12:03  | 12:45  | 13:29  | 14:16  | 0:52:33 (99)  | 0:52:33    |
| 87  | 215   | Angelo Gino Crispi | LAG Saarbrücken             | M55    | 9   | 12:39  | 12:59  | 12:42  | 12:55  | 0:51:15 (87)  | 0:51:15    |
| 88  | 237   | Wolfgang Paulus    | LAG Saarbrücken             | M60    | 6   | 12:34  | 12:37  | 13:16  | 13:01  | 0:51:28 (88)  | 0:51:28    |
| 93  | 311   | Rafael Kowollik    | LTF Theeltal                | M40    | 14  | 12:33  | 12:33  | 13:21  | 13:15  | 0:51:42 (93)  | 0:51:42    |
| 92  | 305   | Peter Brachmann    | LTF Theeltal                | M35    | 8   | 12:33  | 12:35  | 13:20  | 13:13  | 0:51:41 (92)  | 0:51:41    |
| 94  | 245   | Albert Schmidt     | LAG Saarbrücken             | M70    | 2   | 12:29  | 12:51  | 13:19  | 13:07  | 0:51:46 (94)  | 0:51:46    |
| 98  | 394   | Maurice Perius     | Sc gresaubach               | M      | 18  | 12:21  | 12:49  | 13:51  | 13:29  | 0:52:30 (98)  | 0:52:30    |
| 104 | 211   | Peter Ackermann    | LAG Saarbrücken             | M60    | 7   | 12:33  | 13:07  | 13:31  | 13:33  | 0:52:44 (104) | 0:52:44    |
| 100 | 269   | Rüdiger Threm      | LG Run N Ride Bexbach       | M50    | 9   | 12:51  | 13:03  | 13:20  | 13:20  | 0:52:34 (100) | 0:52:34    |
| 100 | 226   | Jens Holtzmann     | LAG Saarbrücken             | M50    | 9   | 12:52  | 13:16  | 13:17  | 13:09  | 0:52:34 (100) | 0:52:34    |
| 106 | 322   | Otto Penkhues      | LTF Theeltal                | M55    | 13  | 13:05  | 13:20  | 13:07  | 13:31  | 0:53:03 (106) | 0:53:03    |
| 103 | 450   | Khery Khidr Semo   |                             | M40    | 15  | 13:08  | 13:07  | 13:29  | 12:58  | 0:52:42 (103) | 0:52:42    |
| 102 | 223   | Dirk Eichler-Uebel | LAG Saarbrücken             | M55    | 12  | 12:16  | 13:50  | 13:42  | 12:50  | 0:52:38 (102) | 0:52:38    |
| 113 | 396   | Sebastian Philippi | Sc gresaubach               | M      | 20  | 12:20  | 12:50  | 14:38  | 15:27  | 0:55:15 (113) | 0:55:15    |
| 97  | 473   | Dieter Weller      | TV Ottweiler                | M55    | 10  | 13:17  | 13:10  | 13:24  | 12:35  | 0:52:26 (97)  | 0:52:26    |
| 107 | 401   | Maxi Roedel        | Sc gresaubach               | M      | 19  | 13:25  | 13:07  | 13:21  | 13:15  | 0:53:08 (107) | 0:53:08    |
| 109 | 444   | Andreas Kotz       |                             | M50    | 12  | 12:07  | 13:50  | 13:59  | 13:57  | 0:53:53 (109) | 0:53:53    |
| 105 | 434   | Reiner Gebel       | Team Mercedes Reitenbach    | M60    | 8   | 13:18  | 13:11  | 13:32  | 13:01  | 0:53:02 (105) | 0:53:02    |
| 108 | 465   | Wolfgang Dorscheid | TFS                         | M50    | 11  | 13:52  | 13:33  | 13:11  | 13:07  | 0:53:43 (108) | 0:53:43    |
| 110 | 266   | Michael Helfen     | LG Run N Ride Bexbach       | M60    | 9   | 13:17  | 13:37  | 13:49  | 13:30  | 0:54:13 (110) | 0:54:13    |
| 111 | 236   | Joachim Meiser     | LAG Saarbrücken             | M60    | 10  | 13:48  | 13:38  | 13:40  | 13:26  | 0:54:32 (111) | 0:54:32    |
| 112 | 449   | Carsten Graf       | LSG Schmelz-Hüttersdorf     | M35    | 10  | 13:57  | 13:53  | 13:39  | 13:14  | 0:54:43 (112) | 0:54:43    |
| 116 | 250   | Wolfgang Wagner    | LAG Saarbrücken             | M55    | 14  | 13:23  | 14:50  | 13:19  | 14:25  | 0:55:57 (116) | 0:55:57    |
| 114 | 363   | Daniel Lehberger   | GSG-Lebach                  | MJ U18 | 3   | 12:07  | 14:09  | 15:22  | 14:03  | 0:55:41 (114) | 0:55:41    |

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|-----|-------|---------------------|-------------------------|--------|-----|--------|--------|--------|--------|---------------|------------|
| 115 | 380   | Christian Altmeyer  | Sc gresaubach           | M30    | 14  | 13:34  | 14:02  | 14:10  | 14:00  | 0:55:46 (115) | 0:55:46    |
| 118 | 287   | Johannes Herrmann   | LSG Schmelz-Hüttersdorf | M75    | 1   | 13:22  | 14:10  | 14:22  | 14:45  | 0:56:39 (118) | 0:56:39    |
| 119 | 464   | René Pelka-Nitzsche | LLG Wustweiler          | M45    | 14  | 12:49  | 14:21  | 15:09  | 14:46  | 0:57:05 (119) | 0:57:05    |
| 122 | 221   | Stephan Durst       | LAG Saarbrücken         | M55    | 15  | 12:51  | 14:20  | 15:11  | 15:05  | 0:57:27 (122) | 0:57:27    |
| 117 | 249   | Jürgen Tubbesing    | LAG Saarbrücken         | M65    | 3   | 13:54  | 14:08  | 14:23  | 14:02  | 0:56:27 (117) | 0:56:27    |
| 121 | 216   | Peter Crolla        | LAG Saarbrücken         | M50    | 13  | 13:36  | 14:22  | 14:52  | 14:30  | 0:57:20 (121) | 0:57:20    |
| 123 | 352   | Bernhard Kurtze     | LT Hirzweiler           | M65    | 4   | 14:11  | 14:16  | 14:35  | 14:46  | 0:57:48 (123) | 0:57:48    |
| 124 | 392   | Matthias Mergen     | Sc gresaubach           | M      | 21  | 13:02  | 13:56  | 16:09  | 14:58  | 0:58:05 (124) | 0:58:05    |
| 128 | 390   | Steven Maigel       | Sc gresaubach           | M30    | 15  | 13:27  | 14:22  | 15:37  | 16:00  | 0:59:26 (128) | 0:59:26    |
| 125 | 297   | Werner Mootz        | LTF Köllertal           | M75    | 2   | 14:08  | 14:35  | 14:57  | 14:49  | 0:58:29 (125) | 0:58:29    |
| 131 | 364   | Andre Lehberger     | GSG-Lebach              | MJ U18 | 4   | 12:40  | 15:19  | 15:53  | 16:26  | 1:00:18 (131) | 1:00:18    |
| 120 | 397   | Christian Quack     | Sc gresaubach           | M35    | 11  | 14:34  | 14:32  | 14:47  | 13:13  | 0:57:06 (120) | 0:57:06    |
| 130 | 366   | Christian Finkler   | Heimer Running          | M35    | 13  | 14:22  | 14:31  | 15:30  | 15:30  | 0:59:53 (130) | 0:59:53    |
| 129 | 404   | Eric Stephan        | Sc gresaubach           | M35    | 12  | 13:56  | 15:10  | 15:18  | 15:03  | 0:59:27 (129) | 0:59:27    |
| 132 | 469   | Timo Bohn           |                         | M35    | 14  | 13:26  | 14:53  | 16:07  | 16:32  | 1:00:58 (132) | 1:00:58    |
| 126 | 430   | mirko schwartz      | Sleepers                | M40    | 16  | 14:56  | 15:03  | 15:15  | 14:03  | 0:59:17 (126) | 0:59:17    |
| 126 | 431   | Marc Schwelm        | Sleepers                | M40    | 16  | 14:56  | 15:03  | 15:15  | 14:03  | 0:59:17 (126) | 0:59:17    |
| 134 | 391   | Tobias Marx         | Sc gresaubach           | M      | 22  | 13:26  | 15:09  | 17:27  | 17:28  | 1:03:30 (134) | 1:03:30    |
| 133 | 298   | Klaus Zender        | LTF Köllertal           | M80+   | 1   | 14:45  | 15:52  | 16:00  | 16:20  | 1:02:57 (133) | 1:02:57    |
| 135 | 317   | Markus Meiser       | LTF Theeltal            | M50    | 14  | 15:18  | 15:55  | 16:34  | 16:41  | 1:04:28 (135) | 1:04:28    |
| 136 | 301   | Hans Peter Klein    | LTF Marpingen           | M65    | 5   | 15:21  | 16:35  | 16:57  | 15:42  | 1:04:35 (136) | 1:04:35    |

## Frauen

| Pl. | St Nr | Name                | Verein                     | AK     | Pl. | Rnd. 1 | Rnd. 2 | Rnd. 3 | Rnd. 4 | Nettozeit    | Bruttozeit |
|-----|-------|---------------------|----------------------------|--------|-----|--------|--------|--------|--------|--------------|------------|
| 1   | 446   | Tanja Schmitt       |                            | W30    | 1   | 09:37  | 09:45  | 10:00  | 09:57  | 0:39:19 (1)  | 0:39:19    |
| 2   | 209   | Julia Keck-Brengel  | LA Team Saar               | W45    | 1   | 09:42  | 09:58  | 10:03  | 09:56  | 0:39:39 (2)  | 0:39:39    |
| 3   | 261   | Martina Schumacher  | LC Rehlingen               | W40    | 1   | 09:47  | 10:08  | 10:10  | 09:54  | 0:39:59 (3)  | 0:39:59    |
| 4   | 343   | Claudia Seel        | TV Kirkel                  | W45    | 2   | 10:03  | 10:20  | 10:25  | 10:29  | 0:41:17 (4)  | 0:41:17    |
| 5   | 272   | Laura Fries         | LLG Wustweiler             | W      | 1   | 10:20  | 10:31  | 10:48  | 10:42  | 0:42:21 (5)  | 0:42:21    |
| 6   | 313   | Sarah Kronberg      | LTF Theeltal               | W30    | 2   | 10:47  | 11:04  | 11:10  | 11:15  | 0:44:16 (6)  | 0:44:16    |
| 7   | 270   | Stephanie Dörr      | LLG Wustweiler             | W30    | 3   | 10:40  | 11:08  | 11:17  | 11:19  | 0:44:24 (7)  | 0:44:24    |
| 8   | 279   | Lisa-Maria Kipper   | LSG Sbr.-Sulzbachtal       | W30    | 4   | 10:50  | 11:19  | 11:32  | 11:09  | 0:44:50 (8)  | 0:44:50    |
| 9   | 255   | Bettina Bopp        | LC Rehlingen               | W50    | 1   | 11:03  | 11:18  | 11:21  | 11:18  | 0:45:00 (9)  | 0:45:00    |
| 10  | 340   | Susanne Trenz       | SV schlau.com Saar 05 SBR. | W50    | 2   | 11:01  | 11:48  | 11:44  | 11:45  | 0:46:18 (10) | 0:46:18    |
| 12  | 336   | Evi Klahm           | SV schlau.com Saar 05 SBR. | W50    | 3   | 11:04  | 11:44  | 11:55  | 12:03  | 0:46:46 (12) | 0:46:46    |
| 11  | 256   | Gabriele Celette    | LC Rehlingen               | W60    | 1   | 11:14  | 11:37  | 11:55  | 11:43  | 0:46:29 (11) | 0:46:29    |
| 13  | 334   | Sybille Becker-Oehm | SV schlau.com Saar 05 SBR. | W40    | 2   | 11:23  | 11:42  | 12:04  | 12:04  | 0:47:13 (13) | 0:47:13    |
| 14  | 349   | Jolina Schmitt      | TV Ludweiler               | WJ U18 | 1   | 11:15  | 11:50  | 12:21  | 12:17  | 0:47:43 (14) | 0:47:43    |
| 16  | 289   | Elisa Holz          | LSG Schmelz-Hüttersdorf    | W      | 2   | 11:49  | 12:01  | 12:47  | 12:56  | 0:49:33 (16) | 0:49:33    |

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## Frauen

| Pl. | St Nr | Name                   | Verein                        | AK     | Pl. | Rnd. 1 | Rnd. 2 | Rnd. 3 | Rnd. 4 | Nettozeit    | Bruttozeit |
|-----|-------|------------------------|-------------------------------|--------|-----|--------|--------|--------|--------|--------------|------------|
| 15  | 230   | Sabine König           | LAG Saarbrücken               | W55    | 1   | 11:51  | 12:19  | 12:28  | 12:05  | 0:48:43 (15) | 0:48:43    |
| 17  | 260   | Judith Krauß           | LC Rehlingen                  | W35    | 1   | 12:07  | 12:33  | 12:59  | 12:41  | 0:50:20 (17) | 0:50:20    |
| 18  | 324   | Simone Kerber          | LTF Theeltal                  | W      | 3   | 12:21  | 12:46  | 13:07  | 12:41  | 0:50:55 (18) | 0:50:55    |
| 18  | 325   | Viola Stras            | LTF Theeltal                  | W45    | 3   | 12:21  | 12:44  | 13:09  | 12:41  | 0:50:55 (18) | 0:50:55    |
| 20  | 337   | Sabine Köhler          | SV schlau.com Saar 05 SBR.    | W45    | 4   | 12:23  | 12:45  | 13:17  | 12:59  | 0:51:24 (20) | 0:51:24    |
| 21  | 235   | Mariko Masuda          | LAG Saarbrücken               | W50    | 4   | 12:24  | 12:51  | 13:19  | 13:20  | 0:51:54 (21) | 0:51:54    |
| 25  | 368   | Dorothee Mathieu       | LC Völklingen                 | W60    | 2   | 11:52  | 13:18  | 13:58  | 14:16  | 0:53:24 (25) | 0:53:24    |
| 22  | 370   | Sabine Baltes          | levoBank eG                   | W45    | 5   | 12:46  | 13:18  | 13:17  | 13:08  | 0:52:29 (22) | 0:52:29    |
| 26  | 306   | Christina Detzen       | LTF Theeltal                  | W40    | 3   | 12:43  | 13:28  | 13:40  | 13:40  | 0:53:31 (26) | 0:53:31    |
| 23  | 369   | Melanie Ackermann      | levoBank eG                   | W      | 4   | 13:24  | 13:07  | 13:22  | 12:55  | 0:52:48 (23) | 0:52:48    |
| 24  | 462   | Julia Lalla            | SV Losheim                    | W35    | 2   | 13:00  | 13:24  | 13:38  | 12:58  | 0:53:00 (24) | 0:53:00    |
| 29  | 252   | Anna Zawadzka          | LAG Saarbrücken               | W40    | 5   | 12:39  | 13:28  | 14:04  | 14:16  | 0:54:27 (29) | 0:54:27    |
| 27  | 331   | Nicole Leinenbach      | SV Habach                     | W40    | 4   | 12:42  | 13:39  | 13:51  | 13:46  | 0:53:58 (27) | 0:53:58    |
| 28  | 271   | Stefanie Fichtel       | LLG Wustweiler                | W30    | 5   | 12:48  | 13:22  | 14:08  | 13:47  | 0:54:05 (28) | 0:54:05    |
| 30  | 333   | Margit Schneider       | SV Habach                     | W55    | 2   | 12:54  | 13:31  | 14:07  | 13:58  | 0:54:30 (30) | 0:54:30    |
| 30  | 329   | Monika Hoffmann        | SV Habach                     | W55    | 2   | 12:52  | 13:33  | 14:07  | 13:58  | 0:54:30 (30) | 0:54:30    |
| 32  | 346   | Ann-Kathrin Bach       | TV Ludweiler                  | W30    | 6   | 13:18  | 14:01  | 14:35  | 14:43  | 0:56:37 (32) | 0:56:37    |
| 33  | 328   | Jana Busch             | SV Habach                     | W45    | 6   | 13:02  | 14:03  | 14:55  | 14:51  | 0:56:51 (33) | 0:56:51    |
| 35  | 228   | Margarete Kaufmann     | LAG Saarbrücken               | W55    | 4   | 14:11  | 14:17  | 14:25  | 14:20  | 0:57:13 (35) | 0:57:13    |
| 34  | 267   | Petra Helfen           | LG Run N Ride Bexbach         | W60    | 3   | 14:10  | 14:27  | 14:32  | 14:03  | 0:57:12 (34) | 0:57:12    |
| 36  | 335   | Rungtong Hertel        | SV schlau.com Saar 05 SBR.    | W45    | 7   | 14:13  | 14:25  | 14:39  | 14:37  | 0:57:54 (36) | 0:57:54    |
| 37  | 316   | Katharina Mark         | LTF Theeltal                  | W50    | 5   | 13:57  | 14:32  | 14:55  | 14:35  | 0:57:59 (37) | 0:57:59    |
| 38  | 258   | Carmen Kling           | LC Rehlingen                  | W55    | 5   | 14:09  | 14:33  | 14:59  | 15:10  | 0:58:51 (38) | 0:58:51    |
| 39  | 264   | Anke Braun             | LG Run N Ride Bexbach         | W55    | 6   | 14:20  | 14:41  | 14:57  | 15:04  | 0:59:02 (39) | 0:59:02    |
| 41  | 332   | Daniela Rosso          | SV Habach                     | W50    | 6   | 13:26  | 14:49  | 15:55  | 16:46  | 1:00:56 (41) | 1:00:56    |
| 40  | 218   | Beatrice Deimel        | LAG Saarbrücken               | W55    | 7   | 15:07  | 15:04  | 15:03  | 14:28  | 0:59:42 (40) | 0:59:42    |
| 43  | 472   | Olga Scherer           | TV Eppelborn                  | W60    | 5   | 13:44  | 15:10  | 16:20  | 16:13  | 1:01:27 (43) | 1:01:27    |
| 45  | 451   | Sophie Marx            | Eichenlaubsschule Weiskirchen | WJ U18 | 2   | 13:31  | 15:25  | 16:28  | 17:01  | 1:02:25 (45) | 1:02:25    |
| 42  | 246   | Ludmila Schmidt        | LAG Saarbrücken               | W60    | 4   | 14:38  | 15:18  | 15:40  | 15:25  | 1:01:01 (42) | 1:01:01    |
| 44  | 351   | Heike Emser            | LG Run N Ride Bexbach         | W55    | 8   | 14:28  | 15:23  | 16:02  | 16:03  | 1:01:56 (44) | 1:01:56    |
| 46  | 330   | Gertrud Klein          | SV Habach                     | W65    | 1   | 14:57  | 15:25  | 16:13  | 16:18  | 1:02:53 (46) | 1:02:53    |
| 47  | 319   | Elke Müller            | LTF Theeltal                  | W50    | 7   | 15:18  | 15:55  | 16:34  | 16:41  | 1:04:28 (47) | 1:04:28    |
| 48  | 433   | Annika Enning          | Team Mercedes Reitenbach      | W      | 5   | 15:31  | 16:12  | 16:36  | 16:12  | 1:04:31 (48) | 1:04:31    |
| 49  | 232   | Ute Kuhlitz            | LAG Saarbrücken               | W55    | 9   | 15:46  | 16:15  | 16:22  | 16:11  | 1:04:34 (49) | 1:04:34    |
| 51  | 339   | Gisela Mellmann        | SV schlau.com Saar 05 SBR.    | W70    | 1   | 15:46  | 16:14  | 16:56  | 17:05  | 1:06:01 (51) | 1:06:01    |
| 50  | 248   | Stephanie Thielebörger | LAG Saarbrücken               | W30    | 7   | 15:13  | 16:18  | 17:33  | 16:30  | 1:05:34 (50) | 1:05:34    |
| 52  | 348   | Helene Bach            | TV Ludweiler                  | W60    | 6   | 15:56  | 16:33  | 17:08  | 17:21  | 1:06:58 (52) | 1:06:58    |

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## Frauen

| Pl. | St Nr | Name                | Verein          | AK  | Pl. | Rnd. 1 | Rnd. 2 | Rnd. 3 | Rnd. 4 | Nettozeit    | Bruttozeit |
|-----|-------|---------------------|-----------------|-----|-----|--------|--------|--------|--------|--------------|------------|
| 53  | 212   | Lilo Baderschneider | LAG Saarbrücken | W60 | 7   | 18:25  | 18:08  | 18:23  | 18:49  | 1:13:45 (53) | 1:13:45    |

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